



Nursing and midwifery digital health workshop: “Solving wicked problems in health” “Tabletalk” discussion summary - concise 27 November 2025

The final session of the workshop was ‘Tabletalk’ where attendees discussed the day with a focus on actions for nurses and midwives with solving wicked problems in health.

The Contented AI tool was used to provide insights from the discussions. The following is the concise summary which will be used by the nursing and midwifery informatics special interest group (NMI-SIG) executive to guide activities to add value for NMI members and for members to action in practice.

Discussion points

- Telehealth implementation showing positive results with 10-minute quick consultations proving effective for medication adjustments, follow-ups, and simple queries
- AI transcription tools like Heidi being used successfully during telehealth calls, saving documentation time and improving patient experience
- Challenges with system integration identified, particularly with MedTech and the need for better interoperability between systems
- Nurse practitioners identified as key allies and champions for digital health innovation
- Concerns raised about siloed work across healthcare organisations with many "reinventing the wheel" rather than sharing successful implementations
- Significant infrastructure challenges noted including outdated hardware, incompatible systems, and lack of IT support
- Discussion about the need for national standardisation of health information systems to improve patient care continuity

Key Actions

- Explore expansion of telehealth options, particularly for pre-admission consultations and remote patient monitoring
- Consider implementing "quick consult" and "flex review" appointment types to better manage workload and improve efficiency
- Investigate AI transcription tools for wider implementation across nursing teams
- Establish better communication channels to share digital health innovations between organisations
- Advocate for nursing involvement in early stages of digital health system design and implementation
- Explore continuous glucose monitoring for pregnant women with diabetes to improve care and reduce hospital admissions

Additional Notes

- Suggestions for future HiNZ events included more hands-on practical sessions, problem-solving workshops, and online webinars throughout the year
- Need identified for better governance structures around AI implementation and clearer guidelines on scope of practice
- Observation that older adults are often more receptive to digital health solutions than commonly assumed
- Concerns raised about short-term political thinking hampering long-term digital health strategy
- Request for more demonstrations of successful implementations and opportunities to trial new technologies

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